

Granite



Nursing and Rehabilitation Center, LLC

3500 Century Drive • Granite City, IL 62040

Tel: 618.877.2700 • *GraniteNursingandRehab.com*

Leadership Team

Pam Owens	Executive Director
Christina Pyles	Director of Nursing
Candace Force	Director of Admissions
Amanda Voyles	Business Office Manager
Jamie DeSherlia	Social Service Director
Jenny Cook	Director of Therapy
Kennedy Cherry	Activity Director
Ronna Sanders	Director of Food Service
Donna Slinkard	Restorative
Jane Millsap	Care Plan Coordinator
Keon Collins	Laundry and Housekeeping
Mike Pool	Maintenance Director
Amber Vasiloff	Medical Records
LeeAnn Henley	Nurse Manager
Dee Rongey	Infection Preventionist
Crystal Cox	Human Resources



November 2023

Fall Fest

Our annual Fall Fest was a great success. Residents, their families, staff, and their families all came to enjoy a wonderful night on our patio. We grilled, enjoyed s'mores, played games, got (temporary) tattoos, decorated pumpkins and enjoyed great conversations. Madison County Fair Queen and Madison County Jr. Miss also attended and took pictures with everyone. A great time was had by all.



Residents, staff and family enjoying our annual Fall Fest



John W. and his granddaughter with their tattoos from our tattoo booth.



Sam C. with the Madison County Fair Queen and Jr. Miss.



Cathy S. and Linda M. roasting their marshmallows for s'mores.



Pumpkin decorating!

A BIG THANK-YOU

A big thank-you to everyone that supported our Fall Fest!

Promedica Hospice, Vitas Hospice and Southern IL Hospice for volunteering their time and their donations!

Madison County Royalty for taking the time to come take pictures with our residents and staff.

Our Maintenance Department for our (really awesome) giant pumpkin.

Our Dietary Department for our wonderful chili.

All Department Heads for Volunteering.

And everyone that supported any fundraisers we had.

Hope everyone had a wonderful time!



Kevin M. enjoying his s'more.



Ken J. and his tattoos.

The First Step to Being Happy Is to Have "Clean Hands"

Cold and flu season is upon us. Let's remember to wash our hands frequently to help prevent the spread of germs!

Lather your hands with lots of soap and wash for at least 20 seconds!



Sam W. and his brother enjoying Fall Fest.

Therapy Is Our Passion!

Granite Nursing and Rehabilitation Center offers a continuum of care for those who are seen for short-term rehabilitation stays and then return home with the need for further therapy provided by Physical Therapy, Occupational Therapy or Speech/Language Pathology to meet their full rehab potential.

We offer:

- Physical Therapy, Outpatient Physical Therapy
- Occupational Therapy
- Speech/Language Pathology
- Therapy for Voice Disorders
- Apraxia Therapy (Speech)
- Aphasia Therapy (Speech)
- Dysarthria Therapy (Speech)
- Cognitive Retraining Therapy
- Dysphagia Therapy (Swallowing)
- Neuromuscular Electrical Stimulation

We have a wonderful Therapy team and a great Director of Therapy. They all truly care about our residents and make sure they are ready (and safe) to go home!



Tamika, CNA, and her grandchildren at the Fall Fest

Family Council

Please attend Family Council. Family Council is held the last Tuesday of every month at 5pm in the Activity room.

If you are unable to attend, but still would like to be involved, please contact Kennedy Cherry, Activity Director, at 618-877-2700.

Family Council is hosted so we can have a good line of communication to our residents' families so we are able to go above and beyond your expectations for their care.

Please consider joining us. We would love to have you!



Sam W. and the Madison County Royalty.



Allen B. and family enjoying time together at the Fall Fest.

Famous Faces Born in November

- Nov. 1, 1972: Jenny McCarthy
- Nov. 6, 1955: Maria Shriver
- Nov. 10, 1983: Miranda Lambert
- Nov. 14, 1948: Prince Charles
- Nov. 19, 1933: Larry King
- Nov. 20, 1927: Estelle Parsons
- Nov. 25, 1965: Cris Carter
- Nov. 29, 1964: Don Cheadle

Long-Term Care Awareness Month

Around 70% of people over the age of 65 will need long-term care services at some point.

Each November, Long-Term Care Awareness Month is a reminder to make a plan for the future—not only for yourself, but for your loved ones as well.

A caregiver can be a family member, home health aide, nurse or other staff member in a senior living community, or a combination of these.

Thinking about possible needs and making decisions now can make the transition into long-term care go more smoothly, both financially and emotionally.



Fall Back!

Clocks will “fall back” one hour at 2 a.m. local time on Sunday, November 5, 2023.

Don't forget!



Our Staff Went Pink

Our staff went all out in pink for the first week of October to recognize Breast Cancer Awareness Month.



Holidays

As the holidays approach, please watch your mail for invitations to various parties and get-togethers we will be hosting to celebrate. We love having you here!



Tamika M. giving Linda P. a pink ribbon to wear.



Pink Is the Color of Strength

In honor of Breast Cancer Awareness Month, Granite Nursing and Rehab went pink for a week. Staff wore various pink outfits all week and ended the week with a Pinktober celebration on Friday. Pink cookies, cupcakes and Rice Krispies treats were had.



Will C. getting pink colored treats.



Lana S. dressed in pink, enjoying pink goodies.

Laugh Lines: A Funny Fall

Q: What is the cutest season?

A: Aww-tumn!

Q: What did one maple leaf say to the other?

A: "I'm falling for you."

Q: How do farmers stay warm in the fall?

A: They wear a har-vest.

Q: Why do leaves fall off the trees?

A: They're trying to get back to their roots.

Q: What do you get when you cross a locomotive with an apple pie?

A: Puff pastry.

Pumpkin Spice and Everything Nice

What do you add to a latte to make it more delicious? Spice, spice, baby!

A well-balanced diet is a pumpkin spice latte in each hand.

You know it's fall when the mechanic starts selling pumpkin spice windshield washer fluid.

I drank too many pumpkin spice lattes. Now I have autumn-y ache.

At this point, my blood type is pumpkin spice.

There will come a day when I tire of pumpkin-spiced everything, but today is not that day.



Donna V. laughing while playing pass the hat, the Halloween version.

Pass the Hat

We played a new game, Pass the Hat. It is a game full of laughter. You never know if you're going to act something out, sing a song, answer a question, or just have to be silly—a wonderful way to let loose and just have fun.



Follow us on Facebook!

Granite Nursing and
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Love From the Community!

We love community involvement! Revity Credit Union decided to stop by and hand out bags of chocolate to brighten our day. This was part of their CU Kind program. It was definitely sweet and we really enjoyed it. Big thanks to Revity for coming out and making our day so sweet.



A member of Revity Credit Union gifting Allen B. some candy on their CU Kind day.



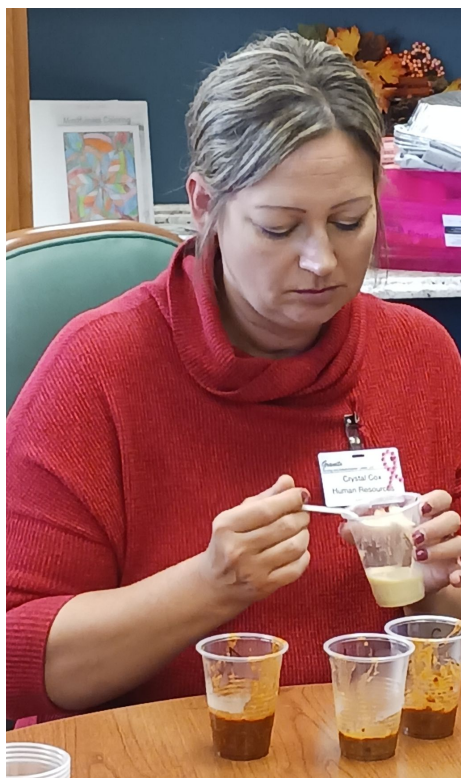
Activity Assistant Alex and Ken J. giggling while playing Pass the Hat (Halloween version); they had to sing the Monster Mash!



Mikhail C. enjoying his ice cream on National Ice Cream Day.

Chili Cook-Off

We held a Chili Cook-Off as a fundraiser for the Activity Department. With six entries, the winner won with just one vote. Our Director of Nursing, Christina, was our big winner!



HR Crystal taste testing chili at the Chili Cook-Off.



Scott B. and Madison County Royalty at the Fall Fest.



Crystal M., Employee of the Month.

Employee of the Month

Crystal, our Business Office Assistant, is our Employee of the Month! Crystal loves working with our residents, and spending time with her children when she isn't at work.



Decorating pumpkins at our Fall Fest.

Resident Birthdays!

Shirley A.	11/28
Anthony F.	11/28
Theresa H.	11/07
Jo Ann H.	11/30
Steve M.	11/14
David M.	11/09
Earnest V.	11/07



Staff Birthdays!

11/2	John Fisher
11/2	Michael Gillespie
11/5	Judy Tudor
11/10	Sydney Bunk
11/13	Tamikia Moses
11/14	Ronna Sanders
11/18	Kenna Panger
11/20	Sheina Norgard
11/24	Judy Thomas
11/24	Teresa Ross

Staff Anniversaries

1 Year	Sharon Est
2 Years	Miriam Hoffman
2 Years	Dorothy Taylor
4 Years	Judy Tudor
4 Years	Kathy Weible
5 Years	Barb Porter

Granite [♥] *Loves*
Nursing & Rehabilitation Center, LLC
Our Residents!