

Granite



Nursing and Rehabilitation Center, LLC

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Leadership Team

Pam Owens	Executive Director
Christina Pyles	Director of Nursing
Amanda Voyles	Business Office Manager
Jamie DeSherlia	Social Service Director
Jenny Cook	Director of Therapy
Kennedy Tift	Activity Director
Ronna Sanders	Director of Food Service
Jane Millsap	Care Plan Coordinator
Keon Collins	Laundry and Housekeeping
Michael Pool	Maintenance Director
Amber Vasiloff	Medical Records
LeeAnn Henley	Nurse Manager
DeDe Rongey	Infection Preventionist
Rachel Alfaro	Wound Nurse
Crystal Cox	Human Resources
Dawn Martinez	Staffing Coordinator
Arien Wright	SDC



Valentine's Day treats!

March 2024



Shirley A. and John W. crowned our Valentine's Day royalty.

Valentine's Day Party

We loved our Valentine's Day party this year. We had Jeff Chapman performing for us, and he is always one of our favorites. This year we held a fundraiser with balloon and candy grams. We had outstanding support from our community, families and friends! Every resident got to enjoy multiple Valentines! Granite Nursing and Rehab definitely felt loved.



Enjoying Jeff Chapman playing during the Valentine's Day party.



Shirley A. getting her crown.



Earl W. with his groundhog.



Theresa H. with her prize.

Groundhog Day

We made these (delicious) groundhogs for Groundhog Day. These simple treats came out so cute! We had a lot of fun making our groundhogs (and eating them, too)!

We also had Groundhog Day trivia, and had a guess on whether or not the groundhog would see his shadow. Theresa H. won our prize by knowing he would not see his shadow. She got to enjoy a baked treat from Dukes Bakery.

Super Bowl Party

We held our annual Super Bowl party. Football, junk food and (NA) beer make for a pretty good day.

We had a line out the door to have snacks. There was good company and conversation.

The game was a nail biter, but our pick pulled ahead.

Go, KC Chiefs!



Super Bowl Party refreshments and Joyce P., Barbra G., and Earl W. in line to get the treats



Super Bowl Snack Stadium

Mardi Gras Parade

We held our annual Mardi Gras Parade and had a blast.

We had several "floats," king cake, tons of candy and so many laughs.

Vitas Hospice supplied us with King Cakes. Many residents and staff never had tried it before, so it was a nice treat.

We all had so much fun and are already excited for next year.



Enjoying King Cake.



Fufu the dog came to be in our parade.



Mardi Gras Parade going through the hall. Everyone enjoyed seeing the craziness.

Wit & Wisdom

"Life is a painting, and you are the artist. You have on your palette all the colors in the spectrum."

—Paul J. Meyer

"Through a painting we can see the whole world."

—Hans Hofmann

"If I could say it in words, there would be no reason to paint."

—Edward Hopper

"Painting is just another way of keeping a diary."

—Pablo Picasso

"I don't paint dreams or nightmares, I paint my own reality."

—Frida Kahlo

"I paint as a way of looking for myself in the world."

—Amy Sberald

"And so, every artist dips his brush in his own soul, and paints his own nature into his pictures."

—Henry Ward Beecher

"Life is a great big canvas; throw all the paint you can at it."

—Danny Kaye

"You can't sit around and wait for somebody to say who you are. You need to write it and paint it and do it."

—Faith Ringgold



Earl W. enjoying Girl Scout Cookies.



Gloria D. playing Minute to Win It.

Cookies!?

Not just any cookies ... Girl Scout Cookies! We had a cookie taste test for National Girl Scout Cookie Weekend—like we really need a reason to indulge in yummy Girl Scout Cookies. We got to try every kind and decided Samoas are our favorite ... but they are all delicious!



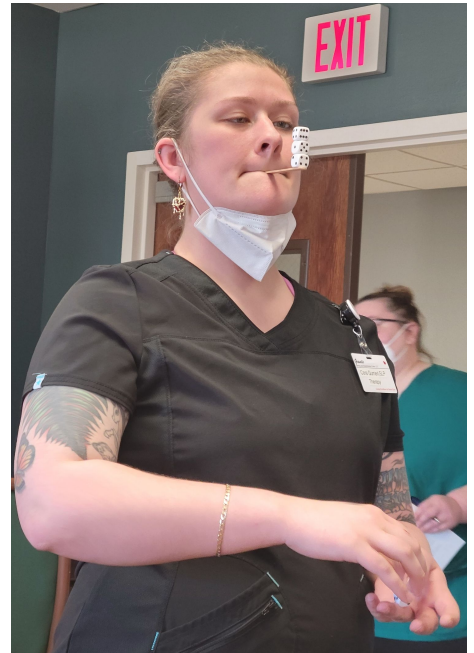
Diana G. with her Girl Scout Cookies.



Gloria D. and Shirley A. enjoying cake and ice cream at the monthly birthday party.



Robin O. and Katherine M. enjoying their cookies.



Speech Therapist Cora playing Minute to Win It.



Easter at GNR

Please join us for our second annual Easter Egg Hunt.

We are egg-cited to have the Easter bunny (provided by Royal Bank of Granite City) back again this year for another great Easter Egg Hunt.



Jess S. enjoying ice cream and cake at our monthly birthday party.



Dale C. enjoying his pizza treat.

National Plant a Flower Day

March 12 is National Plant a Flower Day. We can't wait to start gardening for the year. We love watching our plants grow and bloom. Feel free to donate any extra seeds you may have from your garden. We will definitely use them!



Pizza Pizza!

National Pizza Day had to be celebrated. We love pizza! But who doesn't?

We had so much pizza we lost count. We had Supreme, Pepperoni, Sausage and Combination pizzas. It was a feast!

We never need an excuse to have pizza, but it sure is nice to have one.



Florene H. enjoying her pizza on National Pizza Day.



Earl W. and Donna V. enjoying pancakes on National Pancake Day.



Bruce M. and Bobby M. having pancakes.

National Pancake Day

Pancakes smothered in syrup. Fruit on top. Makes your mouth water, doesn't it? Well, it makes ours!

We celebrated National Pancake Day with, of course, pancakes. We had different fruit spreads and syrup to top it with. We got them fresh off the griddle.

Breakfast is the most important meal of the day.



Cora from Therapy sitting in and helping with a craft. Gloria D. and Dorothy C. are making butterflies.



Will C. enjoying Girl Scout Cookies.



Sam C. playing a Minute to Win It game. He had to pick up the cup with the balloon without using his hands.

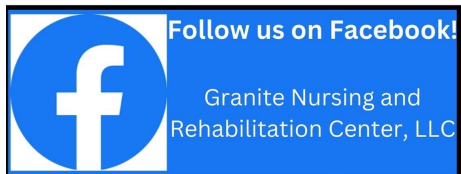


Michael M. getting ready to go home after a successful rehab stay!

Rehab, Your Progress Is Our Passion

Our wonderful therapy team, or as Mike M. says "best therapy department," has successfully helped another resident rehab to home.

Mike M. was more than excited to head back home after a lengthy hospital stay and then a visit with us. His doctor even stated there was "drastic improvement" with him being here.



Employee of the Month, Shae

Employee of the Month

Congratulations to our Employee of the Month, Shae! Shae is one of our Nurses. She is employee of the month for going above and beyond for our residents. Thank you, Shae!

Make Speckled Easter Eggs

Try this cool way to color Easter eggs. The best part? No mess!

Add 1 cup of uncooked rice to a zip-close sandwich bag. Add 7 to 10 drops of food coloring (one color) and stir with a spoon. Repeat in separate bags with any other colors you want to use.

Place a hard-boiled egg (shell on!) in one of the bags. Close the bag and gently shake until the egg is colored to your liking. Use tongs to remove the egg and place it somewhere safe to dry. Repeat with remaining eggs.

Resident Birthdays!

3/08	Kay J.
3/10	Edna L.
3/14	Robert B.
3/18	Carl F.
3/27	Angela R.



Staff Birthdays!

3/03	Keesha S.
3/03	Lakeitha W.
3/05	Anthony C.
3/13	Stephen H.
3/15	Alyssa C.
3/30	Shannon P.

Staff Anniversary!

1 Year	Megan P.
1 Year	Justice W.
2 Years	Brianna D.
2 Years	Kennedy T.
2 Years	Heather L.

Granite [♥] *Loves*
Nursing & Rehabilitation Center, LLC
Our Residents!